

## ***Peaches and Berries with Muscatel Wine and Mint***

*Here is a lovely dessert, very easy and quick to prepare, and my guests love it. If you have trouble finding Muscatel (Moscatel), substitute a Sauterne or other sweet wine (or port). You can also serve dessert with a small glass (2 ounce serving) of Muscatel. Feel free to use a variety of other fruits, whatever is in season such as apple, pineapple, mango, or cantaloupe.*

**Prep Time:** 10 Minutes

**Refrigeration Time:** 20 Minutes

**Serves:** Two

### **Ingredients:**

2 medium peaches, sliced into bite sized pieces

1 cup mixed berries (raspberries, blueberries, strawberries, blackberries—whatever is available)

2 tablespoons Muscatel sweet wine (or port or other sweet wine)

2 tablespoons fresh mint, diced

### **Directions:**

In a serving bowl, combine sliced peaches, berries, sweet wine, and mint.

Refrigerate at least 20 minutes before serving.

Enjoy,

Steven Masley, MD